

**A UNIT**

**TRIPS**

- 12/4/2016  
2:30 Bob Hope X-Mas Show
- 12/6/2016  
1:00 Race Track, A, B, C, D
- 12/7/2016  
9:00 Five Star Diner  
11:30 Walmart B Wing
- 12/14/2016  
9:00 Five Star Diner, A, C & D  
11:30 Red Lobster, A, C & D
- 12/20/2016  
1:00 Race Track, A, B, C, D
- 12/21/2016  
5:30 Red Lobster, A, C & D
- 12/27/2016  
9:00 Neshaminy Movie Trip
- 28-Dec-16  
9:00 Five Star Diner, A, C & D  
11:30 Walmart, A, C & D
- Bingo/Horse Racing Foods  
1- Dec Pizza  
5- Dec Hoagies  
8- Dec Pizza  
12- Dec Hoagies  
13- Dec Pretzels  
17- Dec Pretzels  
18- Dec Pizza  
19- Dec Pizza/Cookies  
28- Dec Pizza

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
							
				1	2	3	
				9:00 Orientation to the Day 9:30 Move and Groove 10:00 Restorative/Physical Exercises 1:30 Music Appreciation 2:00 Read Aloud: The Three Kings 5:30 Evening News 6:30 Restore. Tabletop Ball	9:00 Orientation to the Day 9:30 Parachute 10:00 Restorative/Physical Exercises 2:00 Games, Puzzles and Music 5:30 Evening News 6:00 Friday Action Movie: Future Sport	9:00 News and Views 9:00 Legion Poppy Making 10:00 Jack Hanna's Wild 1:30 Music Appreciation 2:00 Movie: Follow the River 5:30 Evening News 6:00 Movie: Seven	
4	5	6	7	8	9	10	
9:00 CBS Sunday Morning 11:15 Communion 1:00 Eagles vs Bengals in the community room 5:30 Evening News 6:00 Musical Movie: Holiday Inn	9:00 Orientation to the Day 9:30 Moving/Percussions 10:00 Restorative/Physical Exercises 1:30 Hand Messages & Frank Sinatra: Step Lively 5:30 Evening News 6:30 Restorative Games Bowling	9:00 Orientation to the Day 9:30 Stretch & Flex 10:00 Restorative/Physical Exercises 2:00 Games, Puzzles and Music 5:30 Evening News 6:30 Holiday Movie Classic: Irving Berlinn's White Christmas	<b>PEARL HARBOR DAY</b>	9:00 Orientation to the Day 9:30 Wheel Chair Yoga 10:00 Restorative/Physical Exer. 1:30 Manicures & Victory at Sea WWII Documentary Series 5:30 Evening News 6:30 Restorative Games: Kickball	9:00 Orientation to the Day 9:30 Move and Groove 10:00 Restorative/Physical Exercises 1:30 Music Appreciation 2:00 Read aloud: Short Stories The Other Wise Man 5:30 Evening News 7:00 Table Top Ball	<b>CHRISTMAS CARD DAY</b>	9:00 Orientation to the Day 10:00 Restorative/Physical Exercises 2:00 Making Christmas Cards & The History of Christmas Card Trivia 5:30 Evening News 6:30 Holiday Movie Classic Bing Crosby: Holiday Inn
11	12	13	14	15	16	17	
9:00 CBS Sunday Morning 11:15 Communion 1:00 Eagles vs Redskins in the community room 5:30 Evening News 6:00 Sunday Movie: Perry Como's Christmas	<b>POINSETTIA DAY</b>	<b>ICE CREAM DAY</b>	<b>ROAST CHESTNUTS DAY</b>	<b>BILL OF RIGHTS DAY</b>			
9:00 CBS Sunday Morning 11:15 Communion 1:00 Eagles vs Redskins in the community room 5:30 Evening News 6:00 Sunday Movie: Perry Como's Christmas	9:00 Orientation to the Day 9:30 Moving/Percussions 10:00 Restorative/Physical Exercises 1:30 Hand Messages: & Cirque Du Soleil 5:30 Evening News 6:30 Restorative Games Table Top Ball	9:00 Orientation to the Day 9:30 Stretch & Flex 10:00 Restorative Exercises 2:00 Ice Cream, Games, Puzzles and Music 5:30 Evening News 6:30 Restorative Games Soccer	9:00 Orientation to the Day 9:30 Wheel Chair Yoga 10:00 Restorative/Physical Exercises 1:30 Manicures, Music & Aroma Therapy 5:30 Evening News 6:00 Restorative Games Bowling	9:00 Orientation to the Day 9:30 Move and Groove 10:00 Restorative/Physical Exercises 1:30 Music Appreciation 2:00 Read aloud: Short Stories The Gift of the Magi 6:00 Holiday Movie Classic It's a Wonderful Life	9:00 Orientation to the Day 9:30 Parachute 10:00 Restorative/Physical Exercises 1:30 Music Appreciation 2:00 Movie: A Christmas too Many 5:30 Evening News 2:00 Holiday Classic Movie: Miracle on 34th Street	9:00 News & Views 9:00 Legion Poppy Making 10:00 Jack Hanna's Wild 2:00 Bingo : Host AL Post 800 5:30 Evening News 6:00 Saturday Night Movie: The Man Who Saved Christmas	
18	19	20	21	22	23	24	
<b>OK FOR AN EVERGREEN DAY</b>	<b>GO CAROLING DAY</b>	<b>WINTER SOLSTICE</b>				<b>CHANNUKAH</b>	
9:00 CBS Sunday Morning 11:15 Communion 1:00 Eagles VS Ravens Pizza Party: Hosted by Viet Nam Vets & ABATE Motorcycle Club 6:00 Sunday Movie: The Homecoming	9:00 Orientation to the Day 9:30 Moving/Percussions 10:00 Restorative/Physical Ex. 1:30 Hand Messages & The Great Ziegfeld 5:30 Evening News 6:30 Restorative Games Kick Ball	9:00 Orientation to the Day 9:30 Stretch & Flex 10:00 Restorative/Physical Exercises 2:00 Games, Puzzles and Music 5:30 Evening News 6:30 Holiday Movie Classic: The Home Coming	9:00 Orientation to the Day 9:30 Wheel Chair Yoga 10:00 Restorative/Physical Exercises 1:30 Manicures, Music & Aroma Therapy 5:30 Evening News 6:30 Restorative Games Kickball	9:00 Orientation to the Day 9:30 Move and Groove 10:00 Restorative/Physical Exercises 1:30 Music Appreciation 2:00 Games, puzzles and Adult Coloring: Christmas theme 5:30 Evening News 6:30 Restorative Games: Kickball	9:00 Orientation to the Day 9:30 Parachute 10:00 Restorative/Physical Exercises 2:00 Holiday Classic Movie: The Perfect Holiday 5:30 Evening News 6:30 Holiday Classic Movie A Christmas Carol	9:00 News & Views 10:00 Jack Hanna's Wild 1:30 Music Appreciation 2:00 Bingo Sponsored by S.E. District Elks 5:30 Evening News 6:00 Saturday Night Movie: A Christmas Carol	
25	26	27	28	29	30	31	
<b>CHRISTMAS DAY</b>	<b>MAKE SNOWFLAKES DAY</b>	<b>CARD PLAYING DAY</b>				<b>NEW YEAR'S EVE</b>	
9:00 CBS Sunday Morning 11:15 Communion 2:00 Christmas Movie: Miracle on 34th Street 5:30 Evening News 6:00 Musical Concert: Sting Christmas Concert	9:00 Orientation to the Day 9:30 Moving/Percussions 10:00 Restorative/Physical Exercises 1:30 Hand Messages: & Re-Creation in Concert 3:00 Read: To a Dear Friend 5:30 Evening News 6:30 Restorative Games	9:00 Orientation to the Day 9:30 Stretch & Flex 10:00 Restorative/Physical Exercises 2:00 Games, Puzzles and Music 5:30 Music Appreciation 6:00 Holiday Movie Classic: Perry Como's White Christmas	9:00 Orientation to the Day 9:30 Wheel Chair Yoga 10:00 Restorative/Physical Exercises 1:30 Manicures, Music & Aroma Therapy 5:30 Evening News 6:30 Restorative Games Bowling	9:00 Orientation to the Day 9:30 Move and Groove 10:00 Restorative Exercises 2:00 Afternoon Movie: In America 5:30 Evening News 6:30 Kick Ball	9:00 Orientation to the Day 9:30 Parachute 10:00 Restorative/Physical Exercises 1:30 Music Appreciation 2:00 Crafts: New Year's Eve Theme 5:30 Evening News 6:00 Western Movie Classic: The Kid Ranger	9:00 News & Views 10:00 Jack Hanna's Wild 1:30 Music Appreciation 2:00 New Year's Eve Party 5:30 Evening News 6:00 Saturday Night Movie: It's a Wonderful Life	
				Sewing by Loraine Thursdays 10-12 pm	Resident Council Meeting A, C, & D Wed. Nov. 9th @ 2:00 pm B Wing Resident Council Thursday 3rd @ 10:00 am	<p style="text-align: center;"><u>One on One Room Visits</u></p> <p>Picture Walks Inspirational Readings Restorative Exercises Manicure/Hand Massage</p>	
					Orientation to the Day Reminiscing Short Stories Browse Life History and Memory Book		