



pennsylvania
DEPARTMENT OF MILITARY
AND VETERANS AFFAIRS

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ODAG-VA Newsletter

OFFICE OF THE DEPUTY ADJUTANT GENERAL – VETERANS AFFAIRS

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VA Announces Additional Changes To Improve Crisis Line

The U.S. Department of Veterans Affairs' (VA) Deputy Secretary Sloan Gibson announced improvements to enhance and accelerate progress at the Veterans Crisis Line, which serves as a life-saving resource for Veterans who find themselves at risk of suicide.

During his third trip to the Crisis Line in a year, Mr. Gibson announced that the Crisis Line would form a stronger bond with VA's Suicide Prevention Office and Mental Health Services. This partnership includes VA's National Mental Health Director for Suicide Prevention as well as several hubs of expertise, including one Center of Excellence focusing on suicide prevention research and education located at the same medical campus as the Crisis Line responders in Canandaigua, NY.

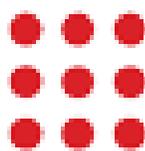
Mr. Gibson also announced that the Veterans Crisis Line would now be under the direction of VA's Member Services, which has many efforts underway across the nation to restructure portions of VA that have direct contact with Veterans. This brings an expertise in ensuring that staff in these vital roles have more streamlined processes, adequate training and resources at their fin-

gertips, to better serve Veterans.

Over the past year, we have put together a strong team to lead the employees at the Crisis Line. Today's announcement of a structural change within the Veterans Health Administration and additional support from our experts in suicide prevention is another step to make sure the employees and the Veterans they speak with have what they need give Veterans a safe place to call when they need us most."

As a part of the MyVA initiative, the largest restructuring in the Department's history, VA has made improvements at the Veterans Crisis Line a key priority. By the end of this year, every Veteran in crisis will have their call promptly answered by an experienced VA responder. That will mean non-core calls will be directed appropriately to other VA entities that can best address their questions or concerns.

Already, VA has committed to increase staff at the Veterans Crisis Line. It now has more than 300 employees, and is in the process of hiring 88 more staff. At the same time, they have expanded the work area for responders and are making necessary technology improvements to phone systems and equipment to better handle the increased demand at the crisis line.



**Veterans
Crisis Line**

1-800-273-8255 PRESS 1

DD 214/215 Program And Records Request Program

Almost half of the contact we receive from Veterans and others pertains to locating a DD 214 and other service records. Documents so important as these should be kept in a safe place. We highly recommend that Veterans record their discharges/DD214s with their County Courthouse so they are able to obtain free certified copies for the remainder of their life and so they are available to next-of-kin upon their death. The DD 214 provides the member and the service with a concise record of a period of service with the Armed Forces at the time of the member's separation, discharge or change in military status. In addition, the form is an authoritative source of information for both governmental agencies and the Armed Forces for purposes of employment, benefit and reenlistment data. If you do not currently have a copy of your Certificate of Release or Discharge, DD Form 214, now is the time to obtain it before you need it.

PENNSYLVANIA NATIONAL GUARD (Official Website: www.png.pa.gov)

Pennsylvania Army and Air National Guard maintain a state file of service after 1985. Information from these state files varies but should include records of enlistment, discharge and other administrative actions. The veteran or next of kin of a deceased veteran can obtain copies of available information by providing a Record Request Form, mailed to:

PA Department of Military and Veterans Affairs
Attention: Guard Retirement Services (Insert ARMY or AIR)
Bldg. 9-68, Fort Indiantown Gap
Annville, PA 17003-5002

Questions about Pennsylvania ARMY National Guard records requests can be directed to 717-861-8656.

Questions about Pennsylvania AIR National Guard records requests can be directed to 717-861-8624.

The [Pennsylvania State Archives](#) maintains evidence of service for Pennsylvania Military units during the period 1775-1985.

MILITARY VETERANS, NEXT-OF-KIN, AND GENEALOGISTS

Military veterans and next-of-kin (Defined as surviving spouse, father, mother, son, daughter, sister or brother) can easily request copies of discharges and other Personnel records at the [National Archives](#). Genealogists and others must submit a Standard Form 180 and [special rules](#) apply.

If you have been discharged from the military service, with no remaining service obligation, your Personnel Files are most probably stored at the National Archives and Records Administration (NARA). If you require information maintained in your Personnel Files you should review the [National Archives](#).

A DD Form 215 is used to correct errors or additions to a DD Form 214 discovered after the original had been delivered and/or distribution had been made.

Tioga County Hosts Veterans Health Fair

The Pennsylvania Link to Aging and Disability Resources will sponsor a free Veterans' health and resource fair in Tioga County from 10 a.m. to 2 p.m., April 19 at the Wellsboro Armory, 1810 Shumway Hill Road, Wellsboro, Pennsylvania.

The event is open to Veterans and current military members of all ages along with their families and caregivers. Free health screenings will be provided courtesy of local health care agencies and various Veterans' service organizations will be in attendance.

Our very own DMVA Outreach Team will be there to assist and inform Veterans and their families of federal and state benefits.

Hollidaysburg Veterans' Home Receives Generous Donation

The Allegheny Trailrunners presented the Hollidaysburg Veterans' Home with a donation of \$20,000.

Each resident will get a \$45 gift card and the remainder of the money will go toward programs and activities for the residents.

The organization understands the importance of community support and they want Veterans to know they are not forgotten and they are proud of them and thankful for their service.

The donation was made possible through an annual race called "Sweat for Vets".



It's Almost Riding Season Are you Ready



It's almost riding season; is your motorcycle ready with an "Honoring Our Veterans" license plate?

The Honoring Our Veterans motorcycle plate became available on October 6, 2015. This plate is available for motorcycles and costs \$35. Fifteen dollars from every "Honoring Our Veterans" motorcycle plate sold will benefit the Veterans' Trust Fund. To apply for this registration plate, please complete Form MV-914, "Application for Honoring Our Veterans Registration Plate."

Information to obtain one can be found [here](#).

Learn To Fish On Spring Creek

The Spring Creek Chapter of Trout Unlimited Veterans Service Program (VSP) provides fishing instruction with fly fishing and spin fishing on Spring Creek near Bellefonte, PA at the Fisherman's Paradise. They provide all of the fishing equipment, purchase a current PA trout fishing license (if needed) and provide a free one-year membership to Trout Unlimited for all Veterans, and their family members free of charge, plus lots of fun and laughs. They have streamside mentors who provide one-on-one instruction for each person, and guide each fishermen along the stream. They meet at the Fisherman's Paradise on the second and fourth Sundays of each month until the winter months from 1 p.m. until dusk.

For more information contact Dan Kerstetter at paflyfisher777@gmail.com, or check out www.springcreektu.org.

Franklin County Veterans Affairs To Host Golf Tournament

The Franklin County Veterans Affairs Office is holding a fundraiser event on May 6, 2016 at Penn National Golf Course in Fayetteville, PA. They are raising money for their Veteran Outreach Fund to support local veterans by providing much needed outreach. Their current focus is on their main initiative, Operation Save-A-Vet, Save-A-Pet. This is a service dog program where they train rescue dogs and a few pure bred dogs from local breeders and pair them with veterans that sufferer from disabilities that they incurred during military service.

For more information on supporting this cause either by participating or being a sponsor of the event please contact Justin Slep at 717-263-4326 or jdslep@franklincountypa.gov for an application.

Therapeutic Music for Veterans And Their Families

Chuck Wild, is an Emmy-nominated songwriter, composer & Vietnam veteran (US Naval officer 1968-72) with 40 years experience in the music industry. For the last 22 years, he has composed and released 14 albums of slow "sedative" therapeutic musical healthcare under the artist name *Liquid Mind*. The Liquid Mind healing music is used in PTSD support groups, and was designed to address the anxiety and panic disorder from which he suffered and subsequently recovered many years back.

The link below allows Veterans and their families to easily download a zip file with 30 minutes of *Liquid Mind* sedative music. There is no signup, no form to fill out, all you need to do is just click on this link:

<http://www.liquidmindmusic.com/veterans/index.html>

This giveaway is being done with the full knowledge and support of the label Real Music, so there is no copyright infringement.



Philadelphia Hosts Their Annual "Always Remember" Veterans Resource Fair

It's that time of year to honor and make information and resources available to Philadelphia and surrounding area Veterans. Help spread the word! Become involved in the 2016 Veterans Resource Fair "ALWAYS REMEMBER".

The date and time is April 20, 2016- 11 a.m. until 3:30 p.m. at the MSB Thomas Paine Plaza located at 15th and JFK Streets in Philadelphia.

All Veteran Organizations and Agencies that support Veterans in need are invited to participate. Each vendor will receive one table and three chairs.

Pass the word to others who are doing the work and want to be a part of this great and informative fair.

Please email wanda.pate@phila.gov as soon as possible for an application or additional information.

Join us at this great event in which we celebrate with ceremony, song and commemoration of our Active Soldiers, Returning Soldiers and Veterans .

Nine Ways To Identify Someone In Crisis

For some of us, certain events can mean stress, depression, or feeling overwhelmed. Mounting responsibility or isolation can heighten these feelings until they are impossible to handle alone. It's important to recognize when emotions reach a crisis point, especially when thoughts of suicide arise. Learn to recognize these nine warning signs in yourself or someone you care about.

Signs of crisis to look out for include:

1) Experiencing mood swings

Moving between seeming normal one minute and down-and-out or abnormally cheerful the next — without a reasonable explanation — can be a sign of crisis. Mood swings that go beyond the good and bad days that most people experience, occur without cause or warning, or have the power to disrupt the day, affect relationships, and make it impossible to concentrate, may also be a sign of crisis or even a precursor to suicide.

2) Feeling hopeless, as if there is no reason to live or no way out

Hopelessness, often associated with depression, can manifest itself in a number of ways. Some people who have lost hope feel powerless, while others feel there is no point in living. Hopelessness may be accompanied by feeling trapped or as if there is no way out of a situation. Thoughts, feelings, or behaviors associated with hopelessness are serious signs of crisis.

3) Engaging in risky activities without thinking

When they are out of the ordinary, dangerous behaviors, like recklessly driving a motorcycle or car, gambling away large sums of money, or starting fights, may be a sign of crisis. When someone becomes unconcerned about causing injury or harm to him or herself or others through risky activities, it's time to reach out for help.

4) Abusing alcohol or drugs

Many adults enjoy an alcoholic beverage now and then, but when consuming alcohol becomes a daily habit, a sleeping aid, or a reason to get out bed in the morning — or interferes with daily life — it may be a sign of crisis. Using drugs that are not for medical purposes is also a warning sign that someone may be in emotional pain. Recent onset of alcohol or drug abuse is especially worrisome.

5) Withdrawing from family and friends

Spending less time with friends and family and more time alone, no longer engaging in the activities that used to be pleasurable, or avoiding social interactions

of any kind can be signs of distress or, in the worst case, an impending suicide attempt. People can isolate themselves for a number of reasons, but it is almost always a sign that something is seriously wrong.

The following signs require immediate attention:

6) Thinking about hurting or killing yourself

Whether a person has passing thoughts about suicide, experiences frequent or nearly continuous suicidal thinking, or actually begins a routine of self-harm, all of these behaviors point to dangerous levels of crisis and should be handled by a professional immediately.

7) Looking for ways to kill yourself

If a person spends time considering how to kill him or herself — pondering the details of the most effective methods, doing research online, or even making plans for a suicide attempt — this sign of suicide risk should be taken very seriously and requires professional intervention.

8) Talking about death, dying, or suicide

Even passing comments about suicide, or comments about "going away for good" or "not being around anymore," should *never* be taken lightly. Whether people say they wish they could go to sleep and never wake up or talk about "how they would do it" if they decided to kill themselves, it's important to read between the lines and recognize when someone may be in suicidal crisis. Their comment may actually be a sign they want help.

9) Engaging in self-destructive behavior, such as drug abuse or reckless use of weapons

When reckless behavior escalates to the point of almost certain self-harm or death, such as overdosing on drugs or harming oneself or others with a weapon, that person and potentially others are in immediate danger, and it is time to reach out for help immediately.

If you or a Veteran you know is exhibiting any of these signs, call the [Veterans Crisis Line](https://www.veteranscrisisline.net) at 1-800-273-8255 and Press 1, chat at [VeteransCrisisLine.net/chat](https://www.veteranscrisisline.net/chat), or text to 838255 to get confidential support 24 hours a day, 7 days a week, 365 days a year.

Veterans Crisis Line responders, some of them Veterans or family members of Veterans themselves, understand what you or your loved one may be going through, and they can provide guidance and support whenever times get tough.

For someone going through a difficult time, one simple act has the power to make a difference. Reach out to the Veterans and Service members in your life today and let them know they're not alone. One conversation can open the door to support.

Hershey Bears Make Generous Donation To DMVA's Veterans' Trust Fund



The Hershey Bears Hockey Club made a donation of \$3,352.10 to the Veterans' Trust Fund. The Hershey Bears sold Honoring Our Heroes t-shirts with the proceeds benefiting the Veterans' Trust Fund. Pictured are Deputy Adjutant General of Veterans Affairs Brig. Gen. (Ret.) Jerry Beck (left) and Doug Yingst, general manager and president of the Hershey Bears. The Veterans' Trust Fund issues grants to statewide charitable organizations that assist Veterans, Veterans service organizations and county directors of Veterans affairs to assist Veterans in need of shelter and the necessities of living.

VA Launches Ask A Pharmacist App

Do you have VA prescriptions? Do you have questions about your medications? Last month VA launched *Ask a Pharmacist*, a web app which provides an easy way to find answers to the kinds of questions VA pharmacists regularly hear from patients. It can be frustrating to look through multiple websites to find answers that may not be accurate. Now you can use *Ask a Pharmacist* to find information that you know is reliable, relevant and VA-approved. You can also learn about the medications you take. This includes how to identify your pills by sight, how to read medication labels and how your medicines may interact with each other. [Learn about this app.](#)



VA Announces Appointment of Principal Deputy Under Secretary for Health

The Department of Veterans Affairs (VA) announced the appointment of Dr. Richard A. Stone to the position of Principal Deputy Under Secretary for Health. Dr. Stone will serve as the second-in-command to Dr. David Shulkin, VA's Under Secretary for Health.

"We are excited to bring Dr. Stone on board as the Principal Deputy Under Secretary for Health," said Dr. Shulkin. "Dr. Stone's keen ability to provide oversight of complex healthcare systems, programs and services has been truly remarkable and his experience in leadership roles within health care validate his skills as an innovative and dynamic leader who will benefit VA as a whole as we continue transformational initiatives."

A practicing physician in a career that has spanned three decades, Dr. Stone has served in both the uniformed military service and civilian clinical practice. In the military, he served as commander of military medical units at all levels of command – from detachment to medical command – including multiple recalls to active duty. Prior to that, he was the Director of the Health Care Operations for the Defense Health Agency (DHA) transition team, overseeing the complex and historic transition to DHA

from the Military Health System. In this role, he served as the Chief Medical Officer and led a joint services team that provided business case analysis and business process re-engineering to 10 major shared services encompassing more than \$30 billion in annual expenses. He also previously served as Deputy Surgeon General and Deputy Commanding General of Support to the Army Surgeon General.

In the private sector, Dr. Stone has owned and led an ambulatory medical and surgical practice, and served as senior medical officer for a community healthcare system in his home state of Michigan.

A graduate of Western Michigan University, Dr. Stone earned his medical degree from Wayne State University. He also earned a master's degree from the Army War College.

Dr. Stone has a number of academic awards and honors to his credit including Distinguished Alumnus of Western Michigan University College of Arts and Sciences; and Legion of Merit, Bronze Star, and Combat Action Badge. He also has been a member of the Department of Defense Recovering Warrior Task Force since 2011 and is a fellow in the American Academy of Dermatology.

York County Veterans' Expo And Job Fair

If you or someone you love is a veteran of any age, active military, or a veteran's family member, please check out York's second annual Veterans' Expo & Job Fair, a free, one-day event from 9 a.m. to 2 p.m. Wednesday, April 6, at the York Expo Center, 334 Carlisle Ave., York.

The Veterans' Expo will connect active and retired military members and their families with the benefits and resources available to them through local community-service providers, healthcare professionals, VA benefits counselors, VFWs, and American Legions, plus businesses covering everything from home improvement, legal services, and finance to retirement living and insurance.

Be there for the opening ceremony at 9 a.m. with the Presentation of Colors by the Korean War Veterans Color Guard and guest speakers Phil Palandro, York County director of Veterans Affairs, and Susan Byrnes, York County commissioner.

In addition, the Job Fair is an opportunity for veterans and employers to meet face-to-face to discuss available positions. Before the event, veterans may submit their resumes for review ahead of time by Karen Francis, global career development facilitator.

Job seekers can also visit the Resource Center for mock interviews, advice on resume writing from York County CareerLink, and other helpful information for translating their military careers to civilian opportunities. Plus, photographer Steven Francis will be taking free, professional headshots for use in social media profiles.

Free admission and parking will be available at no cost to guests!

For more information on the Veterans Expo & Job Fair, call [\(717\) 285-1350](tel:7172851350) or visit www.veteransexpo.com.

Governor Wolf Provides Update on Pennsylvania Efforts to End Veterans Homelessness

Governor Tom Wolf and Brigadier General Anthony Carrelli, acting adjutant general with the Pennsylvania Department of Military and Veterans Affairs (DMVA), announced that Pennsylvania exceeded its 100-day goal with 629 homeless veterans in Pennsylvania were placed in permanent housing between Sept. 23 and Dec. 31, 2015 as part of the Governor's challenge to significantly reduce veteran homelessness. The 100-day challenge was announced on Sept. 22 with a goal of serving 550 homeless veterans by the end of 2015.

The commonwealth's efforts continued in 2016 with 243 veterans being placed in housing in January, bringing the total to nearly 900 homeless veterans served from the end of September until the end of January. Numbers for February 2016 are still being tabulated.

"I am extremely proud of the commonwealth agencies, local governments and community partners who have banded together to identify and provide homeless veterans with stable housing and access to the programs and services that will help them rebuild their lives," said Governor Wolf. "While we exceeded our goal, we know that there are still many homeless veterans on our streets and we remain committed to reaching out to these brave men and women who served our country."

The commonwealth along with local officials, community housing and homeless service providers, federal agencies, and corporate and philanthropic organizations are committed to effectively ending veteran homelessness; this means having the programs and systems in place so that future homeless episodes will be rare, brief and non-recurring.

"Over the past several months it's been exciting to see that the city of Lancaster/Lancaster County, Philadelphia and Reading/Berks County have formally announced



they have the systems in place to successfully meet the needs of homeless veterans in their areas," said Gen. Carrelli. "It's also been rewarding for the Department of Military and Veterans Affairs to coordinate and rally the efforts of all of the stakeholders in this effort and we will continue to advocate for Pennsylvania's homeless veterans."

The challenge, officially known as the [Mayors Challenge to End Veteran Homelessness](#), is an initiative of the U.S. Department of Housing and Urban Development (HUD) that was launched in June 2014. It was conceived as a means for local leaders to create and coordinate strategies to curb veteran homelessness. In early 2015, HUD conducted a point-in-time count which identified approximately 1,400 homeless veterans in Pennsylvania. Across the United States, 859 mayors, governors and county executives are currently participating in the challenge. For more information about the challenge, visit the [Mayors Challenge to End Veteran Homelessness](#).

Veterans Temporary Assistance (VTA)

The VTA program provides temporary financial assistance to Veterans and their beneficiaries who reside in Pennsylvania for the necessities of life (food, dairy, shelter, fuel and clothing).

To be eligible you must have received a discharge under honorable conditions for active duty that was for other than training. There must be a sudden or unexpected loss of income, not caused by misconduct, or a temporary increase in expenses beyond the control of the applicant.

If eligible, the Veteran or their beneficiary can qualify one time, in a twelve month period, for an amount up to \$1,600.

For additional information or questions please contact our VTA program manager at 717-861-8911.

Lebanon County To Hold Military Appreciation Breakfast

The Lebanon Valley Chamber of Commerce would like to show their appreciation for the members of our armed services! Join them as they recognize and celebrate the loyal individuals who have dedicated their lives to the various branches of the United States military.

The event being sponsored by Luthercare will be held Tuesday, May 24, 2016, from 7:30 to 9 a.m. at the Lebanon Country Club. Cost is \$18 for active military, reservists and Veterans, and \$20 for public admission.

The 2016 Military Appreciation Breakfast will feature Colonel Mike Curran, co-owner of Philly Pretzel in Lebanon, as the guest speaker. The breakfast will also be highlighted by the presentation of the General Frank Smoker Beyond the Call Award.

To register visit www.lvchamber.org or call 717-273-3727.

Veterans With Incomplete Health Care Applications Receive Additional Year to Enroll

The U.S. Department of Veterans Affairs (VA) announced it will extend the healthcare enrollment application period for one year to approximately 545,000 living Veterans that have pending incomplete enrollment applications.

"Fixing the Veterans enrollment system is a top priority for VA. This is an important step forward to regain Veterans' trust and improve access to care as we continue the MyVA Transformation," said VA Deputy Secretary Sloan D. Gibson. "We've got a lot of work left to do, but this is a big step in the right direction to restore the data integrity of our enrollment system," Gibson said.

The National Enrollment Improvement team conducted a detailed analysis of the pending applications in VA's enrollment system and identified approximately 545,000 living Veterans whose applications were incomplete and in a pending status. The team also validated that approximately 288,000 pending enrollment system records were for deceased Veterans. VA has segregated deceased records from living Veteran records and, as part of the Veteran Enrollment Rework Project (VERP), will review each incomplete application to determine if any should have been enrolled in VA health care.

VA is required by law to provide notice to Veterans of incomplete applications. The VERP team could not verify that VA's mailing system used to contact Veterans about their incomplete applications was able to notify the 545,000 Veterans identified above.

VA will contact living Veterans to confirm their continued interest in enrolling in VA health care and ask them for the necessary information to complete their application. Veterans will have one year from the notice to provide this information. After a year, VA will close the record. A Veteran may reapply for enrollment at any time.

As Veterans choose to enroll, VA offers an enhancement to their enrollment experience through "Welcome to VA" (W2VA). Veterans enrolled since July 1, 2015 have received a personal introduction to VA health care services, programs and resources to help them become more familiar with VA's services. In addition, VA sends each new enrollee an introductory letter and personalized handbook in the mail. W2VA enhances communication by reaching out to newly enrolled Veterans through personal phone calls upon enrollment, providing assistance with health care inquiries and assisting with their initial appointment at their preferred VA healthcare facility.

State Veterans Homes Celebrate Saint Patrick's Day



Saint Patrick's Day was a great day at the Pennsylvania State Veterans' Homes for family members to visit and enjoy the activities with their loved ones by watching Irish Dancers and Irish Bands, bringing holiday enjoyment to all.

VA Announces Additional Steps to Reduce Veteran Suicide

The U.S. Department of Veterans Affairs (VA) has announced new steps it is taking to reduce Veteran suicide. The steps follow a February 2 Summit, "Preventing Veteran Suicide – A Call to Action," that brought together stakeholders and thought leaders to discuss current research, approaches and best practices to address this important subject.

"We know that every day, approximately 22 Veterans take their lives and that is too many," said VA Under Secretary for Health, Dr. David Shulkin. "We take this issue seriously. While no one knows the subject of Veteran suicide better than VA, we also realize that caring for our Veterans is a shared responsibility. We all have an obligation to help Veterans suffering from the invisible wounds of military service that lead them to think suicide is their only option. We *must* and *will* do more, and this Summit, coupled with recent announcements about improvements to enhance and accelerate progress at the Veterans Crisis Line, shows that our work and commitment must continue."

Several changes and initiatives are being announced that strengthen VA's approach to Suicide Prevention. They include:

- Elevating VA's Suicide Prevention Program with additional resources to manage and strengthen current programs and initiatives;
- Meeting urgent mental health needs by providing Veterans with the goal of same-day evaluations and access by the end of calendar year 2016;
- Establishing a new standard of care by using measures of Veteran-reported symptoms to tailor mental health treatments to individual needs;
- Launching a new study, "Coming Home from Afghanistan and Iraq," to look at the impact of deployment and combat as it relates to suicide, mental health and well-being;
- Using predictive modeling to guide early interventions for suicide prevention;
- Using data on suicide attempts and overdoses for surveillance to guide strategies to prevent suicide;
- Increasing the availability of naloxone rescue kits throughout VA to prevent deaths from opioid overdoses;
- Enhancing Veteran Mental Health access by establishing three regional tele-mental health hubs; and
- Continuing to partner with the Department of Defense on suicide prevention and other efforts for a seamless transition from military service to civilian life.

For information about VA initiatives to prevent Veteran suicide, visit www.mentalhealth.va.gov/suicide_prevention/.

Video Provides Powerful Message To Veterans

Here is a 40 second powerful video that you can share with Veterans. Encourage them to apply for the benefits and services they earned in the military.

Share this link! https://youtube.com/watch?feature=emsubs_digest&v=rakI6wRPBSw