

Biography

Helen Sajer, President, Pennsylvania Wounded Warriors Inducted 2018

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resorts and spectator events, and to fund incidental costs such as lodging and handicapped buses for such events, so that the wounded warriors have no out-of-pocket expenses. As wounded warriors have come home and resettled in the Commonwealth, PAWW has risen to new challenges. For example, veterans housing programs will assist wounded warriors to acquire decent housing, but does not fund the cost of the security deposit. PAWW stepped in to fund that cost. The cost is very little – typically less than \$2,000 – but the value to a veteran's peace of mind and knowing that the community truly cares cannot be overestimated. PAWW has also become an entry point for veterans to access an array of community services. PAWW facilitates coordination between veterans and other community groups such as those seeking to donate specialized equipment and services to disabled veterans or to provide service dogs and train veterans to use them. In recognition of her service to the Commonwealth, the Pennsylvania National Guard, and her community, Helen Sajer was awarded the Pennsylvania Meritorious Service Medal, Pennsylvania Commendation Medal, the Pennsylvania National Guard Molly Pitcher Award, and Outstanding Citizenship Award from the Borough of Camp Hill. More recently, based on her support to wounded and disabled veterans, Helen was awarded the Pennsylvania Meritorious Service Medal (first oak leaf cluster); Heroes Among Us award from the Adams County Democratic Committee; and the John F. Kennedy award from the Northeast Community Center for Behavioral Health. Helen was recognized by the Union League for her outstanding leadership of the Pennsylvania Wounded Warriors and active commitment to our veterans. The Lebanon Valley Chamber of Commerce awarded Helen its 2015 Gen. Frank Smoker Beyond the Call Award, which recognizes chamber members who support armed forces personnel and their families. Helen is also a recipient of the 2015 Jefferson Award for outstanding public service in the Susquehanna Valley sponsored locally by WGAL-TV, PSECU, and eight regional United Ways, and was selected to represent the Susquehanna Valley at the national level.