#### SOUTHWESTERN

**VETERANS CENTER** 

**ACTIVITIES AND EVENTS** 



# April 2024



#### SOUTHWESTERN

**VETERANS CENTER** 

**ACTIVITIES AND EVENTS** 

# Sun

### Mon

1 April Fools' Day

8:30-10:00 COFFEE/FREESTYLE

## Tue

# Wed

## Sat

**MP-MULTI-PURPOSE ROOM AC-ACTIVITIES ROOM** CT-COURTYARD **C-CHAPEL** L-LOBBY 2SP-2S PATIO **OUTDOOR ACTIVITIES-TBA/ WEATHER DEPENDENT** 

**TBA-TO BE ANNOUNCED** 

**ACTIVITIES-AC** 

10:30 BENCHMARK **EXERCISE GROUP-MP** 2:00 BINGO: VFW 3945 MORNINGSIDE-MP 4:00 HYDRATION CART/VISITS-UNITS 6:30 Wii BOWLING-MP 6:30 FREESTYLE ACTIVITIES-AC

8:30-10:00 COFFEE/FREESTYLE **ACTIVITIES-AC** 10:30 RESIDENT COUNCIL-AC 1:30-2:15 UNIT BASED 1:1/GROUP ACTIVITY 2:30 WHEEL OF FORTUNE-MP 4:00 HYDRATION CART/VISITS-UNITS 7:00 POKER NIGHT-VETERANS FUND SPONSORED-MP NIGHT 3 8:30-10:00 COFFEE/FREESTYLE ACTIVITIES-AC 10:30 BENCHMARK EXERCISE GROUP-CHAPEL 12:00-2:00 SPRING LUNCHEON-MP 1:15 2N SHOPPING TRIP-L 3:45 TRIP: ADAPT FOR VET GOLF PROGRAM @ RMU DOME-MP 4:00-5:30 FREESTYLE ACTIVITIES-AC

6:30 CARD GAMES/MUSIC-AC

4 8:30-10:00 COFFEE/FREESTYLE/ WHAT'S BREWING ACTIVITY-AC 10:30 BENCHMARK **EXERCISE GROUP-CHAPEL** 12:00-2:00 SPRING LUNCHEON-MP 1:30-2:30 UNIT BASED 1:1/GROUP ACTIVITY 2:30-3:30 OUTDOOR ACTIVITY/1:1'S OFF UNIT 2:30 MUSIC THERAPY WITH JERRY-4N 4:00 HYDRATION CART/VISITS-UNITS 7:00 BINGO: VFW 914 WEST MIFFLIN-MP

**5** 8:30-10:00 COFFEE/FREESTYLE **ACTIVITIES-AC** 10:00-11:00 DO GOOD IT'S FRIDAY-AC 10:15: POST VISIT: AMERICAN LEGION AUXILIARY POST 82 CARNEGIE-L 2:00 BAND: THE BELAIR'S-MP 4:00 HYDRATION CART/VISITS-UNITS 6:30 FRIDAY NIGHT MOVIE-MP

**b** Be A Good Neighbor Day Pitt University Salute to Service 8:00-9:30 FREESTYLE **ACTIVITIES & COFFEE-AC** 10:00 CATHOLIC MASS WITH **FATHER STEVE-CHAPEL** 2:00 WORSHIP SERVICE PENTESOSTAL SERVICE-CHAPEL 6:30 SWVC RESIDENT VETERANS SUPPORT GROUP MEETING-MP

8:30-10:00 COFFEE/ FREESTYLE ACTIVITIES-AC 10:00 CHANNEL 95 **CATHOLIC MASS-MP** 2:00 BINGO: SPONSORED BY-**AMERICAN LEGION LADIES AUXILIARY POST 600 OAKMONT -MP** 6:30 AA MEETING

8:30-10:00 COFFEE/ACTIVITIES-AC 10:30 BENCHMARK **EXERCISE GROUP-MP** 12:00-1:00 ALZHEIMER'S ASSOCIATION SUPPORT GROUP 1:30-2:30 UNIT BASED 1:1/GROUP ACTIVITIES 2:30-3:30 OUTDOOR ACTIVITY/1:1'S OFF UNIT 4:00 HYDRATION CART/VISITS-UNITS 6:30 ON SITE ADAPT FOR VET **GOLF PROGRAM-MP** 

8:30-10:00 COFFEE/FREESTYLE **ACTIVITIES-AC** 10:00 CERAMICS-AC 1:30-2:15 UNIT BASED 1:1/GROUP ACTIVITY 2:30 WHEEL OF FORTUNE-MP 4:00 HYDRATION CART/VISITS-UNITS 4:00-5:30 FREESTYLE ACTIVITIES-AC 7:00 BINGO: US STEEL (SERVE)-MP

**10** 8:30-10:00 COFFEE/FREESTYLE **ACTIVITIES-AC** 10:00 DAV BENEFIT/CLAIMS REVIEW-MP

10:30 BENCHMARK **EXERCISE GROUP-CHAPEL** 1:15 3N SHOPPING TRIP-L 3:45 TRIP: ADAPT FOR VET GOLF PROGRAM @ RMU DOME-MP 4:00-5:30 FREESTYLE ACTIVITIES-AC 6:30 CARD GAMES/MUSIC-AC

**11** 8:30-10:00 COFFEE/FREESTYLE

ACTIVITIES-AC 10:30 BENCHMARK EXERCISE GROUP-MP 1:30-2:30 ICE 1:30-2:30 ICE CREAM UNIT TO UNIT 2:00 BINGO: SWVC VETS FUND-MP
2:30 MUSIC THERAPY WITH JERRY-4N 4:00 HYDRATION CART/VISITS-UNITS 7:00 BINGO: VFW AUXILIARY WEST VIEW-MP

6:30 FREESTYLE ACTIVITIES-AC

8:30-10:00 COFFEE/FREESTYLE ACTIVITIES-AC 10:00-11:00 DO GOOD IT'S FRIDAY-AC 11:00-11:45 BINGO: PITT FOOTBALL LINEBACKERS & COACH BATES-MP 2:00 BINGO: SPONSORED BY ANDREW IN HOUSEKEEPING-MP 4:00 HYDRATION CART/VISITS-UNITS 6:30 Wii BOWLING-MP 6:30 FREESTYLE ACTIVITIES-AC

8:00-9:30 FREESTYLE **ACTIVITIES & COFFEE-AC** 10:00 Bahā'ī Faith SERVICE-MP 2:00 BINGO: GROW N' LEARN DAYCARE SPONSORED-MP

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8:30-10:00 COFFEE/ FREESTYLE ACTIVITIES-AC 10:00 CHANNEL 95 **CATHOLIC MASS-MP** 2:00 PROTESTANT SERVICE WITH **GEORGE POE-MP** 6:30 AA MEETING

**15** 8:30-10:00 COFFEE/FREESTYLE ACTIVITIES-AC 10:30 BENCHMARK

**EXERCISE GROUP-MP** 2:00 ANOVA HOSPICE HORSE RACING **GAME WITH APRIL-MP** 1:00-1:30 ACTIVITIES ROOM-AC 4:00 HYDRATION CART/VISITS-UNITS 6:30 Wii BOWLING-MP 6:30 FREESTYLE ACTIVITIES-AC

*16* BUNGO .

**ACTIVITIES-AC** 

10:00 POST VISIT: AMERCIAN LEGION 351 PENN HILLS-L 1:30-2:15 UNIT BASED 1:1/GROUP ACTIVITY 2:30 WHEEL OF FORTUNE-MP 4:00 HYDRATION CART/VISITS-UNITS 4:00-5:30 FREESTYLE ACTIVITIES-AC 7:00 BINGO: MARINE CORPS LEAGUE

**17** 8:30-10:00 COFFEE/FREESTYLE ACTIVITIES-AC 10:30 BENCHMARK **EXERCISE GROUP-MP** 11:00 VETERANS FUND MEETING-2N

1:15 4S SHOPPING TRIP-L 3:45 TRIP: ADAPT FOR VET GOLF PROGRAM @ THE WOODLANDS 4:00-5:30 FREESTYLE ACTIVITIES-AC 6:30 CARD GAMES/MUSIC-AC

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8:30-10:00 COFFEE/FREESTYLE/ WHAT'S BREWING ACTIVITY-AC 10:30 BENCHMARK **EXERCISE GROUP-MP** 1:30-2:30 ICE CREAM SOCIAL-MP 1:30-2:30 ICE CREAM UNIT TO UNIT 2:00 BINGO: SWVC VETS FUND-MP 4:00 HYDRATION CART/VISITS-UNITS 7:00 BINGO: THE ELKS-MP

10:30-12:00 PITTSBURGH COUNCIL OF THE ARTS AND M'S ART PROGRAM-C 10:00-1:00 FOOD TRUCK FRIDAY ARMIDA'S CUCINA-LOT 2:00 ACCORDION/SINGER: JOE LEGE-MP 2:30 MUSIC THERAPY WITH JERRY-4N 4:00 HYDRATION CART/VISITS-UNITS 6:30 ADAPT FORE VET GOLF PROGRAM **ON-SITE-MP OR DREAM GREEN** 

19 8:30-COFFEE/FREESTYLE-AC

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8:00-9:30 FREESTYLE **ACTIVITIES & COFFEE-AC** 10:00 CATHOLIC MASS WITH FATHER STEVE-CHAPEL 2:00 BINGO: MILITARY ORDER OF THE PURPLE HEART SPONSORED-MP

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8:30-10:00 COFFEE/ FREESTYLE ACTIVITIES-AC 10:00 CHANNEL 95 **CATHOLIC MASS-MP** 10:00 HERD OF TURTLES: OFF UNIT 4N ACTIVITY-4N 2:00 BINGO: SPONSORED BY-**AMERICAN LEGION RIDERS OAKMONT-MP** 

#### Earth Day

8:30-10:00 COFFEE/FREESTYLE ACTIVITIES-AC 10:30 BENCHMARK **EXERCISE GROUP-MP** 2:00 LADIES TEA PARTY SPONSORED BY DEPT. OF PA VFW AUXILIARY-MP 2:30-3:30 OUTDOOR ACTIVITY/1:1'S OFF UNIT 4:00 HYDRATION CART/VISITS-UNITS 6:30 GAME NIGHT-AC

23 VOLUNTEER BREAKFAST

8:30-10:00 COFFEE/FREESTYLE **ACTIVITIES-AC** 10:00 CERAMICS-AC 1:30-2:15 UNIT BASED 1:1/GROUP ACTIVITY 2:30-3:30 OUTDOOR ACTIVITY/1:1'S OFF UNIT 4:00 HYDRATION CART/VISITS-UNITS 4:00-5:30 FREESTYLE ACTIVITIES-AC 7:00 POKER NIGHT-VETERANS FUND SPONSORED-MP NIGHT

NIGHT

**24** ADMIN. PROFESSIONALS DAY 8:30-10:00 COFFEE/FREESTYLE

**ACTIVITIES-AC** 10:30 BENCHMARK **EXERCISE GROUP-MP** 1:15 BACK-UP SHOPPING TRIP-L 3:45 TRIP: ADAPT FOR VET GOLF PROGRAM @ THE WOODLANDS 4:00-5:30 FREESTYLE ACTIVITIES-AC 6:30 CARD GAMES/MUSIC-AC

25 VOLUNTEER SOCIAL

8:30-10:00 COFFEE/FREESTYLE ACTIVITIES-AC 10:30 BENCHMARK EXERCISE GROUP-CHAPEL 1:30-2:15 UNIT BASED 1:1/GROUP ACTIVITY 2:30-3:30 OUTDOOR ACTIVITY/1:1'S OFF UNI 2:30 MUSIC THERAPY WITH JERRY-4N 4:00-6:00 VOLUNTEER OPEN HOUSE/SOCIAL-MP 4:00 HYDRATION CART/VISITS-UNITS 6:30 CARD GAMES/BOARD GAMES-AC

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8:30-10:00 COFFEE/FREESTYLE **ACTIVITIES-AC** 10:30-12:00 PITTSBURGH COUNCIL OF THE ARTS AND M'S ART PROGRAM-C 2:00 BINGO: SWVC VETERANS FUND SPONSORED-MP 4:00 HYDRATION CART/VISITS-UNITS 6:30 Wii BOWLING-MP 6:30 FREESTYLE ACTIVITIES-AC

8:00-9:30 FREESTYLE **ACTIVITIES & COFFEE-AC** 10:00 TABLE BALL EXERCISE-MP 2:00 BINGO: LPSCU BRANCH # 52

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8:30-10:00 COFFEE/ FREESTYLE ACTIVITIES-AC 10:00 CHANNEL 95 **CATHOLIC MASS-MP** 2:00 OUTDOOR ACTIVITY-2S PATIO **29** SWVC CAREGIVER MEET UP

8:30-10:00 COFFEE/FREESTYLE **ACTIVITIES/TECH SUPPORT-AC** 10:30 BENCHMARK EXERCISE GROUP-MP 1:30-2:30 UNIT BASED 1:1/GROUP ACTIVITIES 2:30-3:30 OUTDOOR ACTIVITY/1:1'S OFF UNIT 4:00 HYDRATION CART/VISITS-UNITS 6:30 BINGO: AMERICAN LEGION **AUXILIARY UNIT 701 WHITE OAK-MP** 

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8:30-10:00 COFFEE/FREESTYLE **ACTIVITIES-AC** BUNGO 10:00CERAMICS-AC 1:30-2:15 UNIT BASED 1:1/GROUP ACTIVITY 2:00 BINGO: VFW DEPT OF PA LADIES **AUXILIARY SPONSORED-MP** 4:00 HYDRATION CART/VISITS-UNITS 4:00-5:30 FREESTYLE ACTIVITIES-AC 7:00 POKER NIGHT-VETERANS FUND



- National POW Recognition Day-4/9
- Air Force Reserve Birthday-4/14
- Army Reserve Birthday-4/23
- National Military Brats Bday-4/30



Calendar subject to change