

# PSSH ACU Activity Calendar January 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy New Year!</b> 1 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video 1:30 Afternoon Visits 2:30 Spiritual Readings/Songs 	<b>Isaac Asimov 1920</b> 2 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:00 Sing Along 3:00 Relaxation Video 6:00 Freestyle Activity/1:1 Visits	<b>3</b> 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 Sensory Stimulation 2:00 Sing Along 3:00 Relaxation Video 6:00 Freestyle Activity/1:1 Visits	<b>4</b> 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:00 Inspirational Music 3:00 Relaxation Video	<b>5</b> 9:30 Rise and Shine 10:00 Active Games 10:30 Room Visits by Helen Hammett and Jack 1:15 Sensory Stimulation 2:00 Sing Along 3:00 Relaxation Video 6:00 Freestyle Activity/1:1 Visits	<b>Epiphany</b> 6 9:30 Rise and Shine 10:00 Balloon Volleyball with Barber Institute 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:00 Music by Angelo 6:00 Freestyle Activity/1:1 Visits	<b>7</b> 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video 1:30 Afternoon Visits 2:00 Afternoon Games
<b>Elvis Presley 1935</b> 8 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video 1:30 Afternoon Visits 2:30 Spiritual Readings/Songs 	<b>NCAA Football Championship</b> 9 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:00 Sing Along 3:00 Relaxation Video	<b>10</b> 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 Sensory Stimulation 3:00 Music by Kirk Hamza 6:00 Freestyle Activity/1:1 Visits	<b>11</b> 9:30 Rise and Shine 10:00 Pet Visits with Meagans 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:00 Inspirational Music 3:00 Relaxation Video	<b>Full Moon</b> 12 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 Afternoon Visits 2:00 Sing Along 3:00 Relaxation Video 6:00 Freestyle Activity/1:1 Visits	<b>Friday the 13<sup>th</sup>!</b> 13 9:30 Rise and Shine 10:00 Balloon Volleyball with Barber Institute 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:00 Music by Angelo 3:00 Relaxation Video 6:00 Freestyle Activity/1:1 Visits	<b>Today Show Debuts 1952</b> 14 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video 1:30 Afternoon Visits 2:30 Afternoon Games
<b>Martin Luther King, Jr. 1929</b> 15 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video 1:30 Afternoon Visits 2:30 Spiritual Readings/Songs 	<b>MLK Holiday Observed</b> 16 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:00 Sing Along 3:00 Relaxation Video 6:00 Freestyle Activity/1:1 Visits	<b>Benjamin Franklin 1706</b> 17 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 Sensory Stimulation 2:00 Sing Along 3:00 Relaxation Video 6:00 Freestyle Activity/1:1 Visits	<b>18</b> 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:00 Inspirational Music 3:00 Relaxation Video	<b>Dolly Parton 1946</b> 19 9:30 Rise and Shine 10:00 Pet Visits with Mya 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 Sensory Stimulation 2:00 Sing Along 6:00 Freestyle Activity/1:1 Visits	<b>Inauguration Day</b> 20 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:00 Balloon Volleyball 6:00 Freestyle Activity/1:1 Visits	<b>21</b> 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video 1:30 Afternoon Visits 2:30 Afternoon Games
<b>22</b> 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video 1:30 Afternoon Visits 2:30 Spiritual Readings/Songs	<b>23</b> 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:00 Birthday Party with Music by Linda Lee & Denny Casey 3:00 Relaxation Video	<b>National Compliment Day</b> 24 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 Sensory Stimulation 2:00 Games 3:00 Relaxation Video 6:00 Freestyle Activity/1:1 Visits	<b>National Kazoo Day!</b> 25 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:45 Music by Elizabeth Tomcho	<b>26</b> 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 Afternoon Visits 2:00 Sing Along 3:00 Relaxation Video 6:00 Freestyle Activity/1:1 Visits	<b>Fun at Work Day</b> 27 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:00 Music by True Country 3:00 Relaxation Video 6:00 Freestyle Activity/1:1 Visits	<b>Challenger 1986</b> 28 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video 1:30 Afternoon Visits 2:30 Afternoon Games 
<b>NFL Pro Bowl</b> 29 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video 1:30 Afternoon Visits 2:30 Spiritual Readings/Songs 	<b>30</b> 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 1:1 Visits 2:00 Music by Mike & Marie Miller 3:00 Relaxation Video	<b>31</b> 9:30 Rise and Shine 10:00 Active Games 10:30 Music Video (Unit D) Freestyle Activity (Unit E) 1:15 Sensory Stimulation 2:00 Games 3:00 Relaxation Video 6:00 Freestyle Activity/1:1 Visits		<b>January Fun Facts</b> *Birthstone- Garnet *Flower- Carnation *Colors- Black and Dark Blue 	<b>January Happenings</b> *All Things New Month *Family Fit Lifestyle Month *Learn Spanish Month *National Cancer Prevention Month *National Eye Care Month *National Volunteer Blood Donor Month	<b>Note: Many of our activities occur in a 1 on 1 setting; this calendar is subject to change based on this and the needs, preferences and participation of our residents.</b> 