




PSSH ACU Activity Calendar December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Advent Begins 2 <i>Hanukkah Begins at Sundown</i> 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Advent Readings/Songs 2:30 Relaxation	Rocky 1976 3 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Afternoon Games 2:30 Relaxation	4 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 2:00 Music by Mike & Marie Miller 3:30 Relaxation	5 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Afternoon Games 2:00 Christmas Carol Sing Along 3:30 Relaxation	St. Nicholas Day 6 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:45 Visits with Helen & Jack 1:00 Afternoon Visits 2:00 Music by Pat's Jazz 3:30 Relaxation	Pearl Harbor Day 7 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 2:00 Presents for Patients Party with Music by Linda & Denny 3:30 Relaxation	1/8 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Afternoon Games 2:30 Relaxation
9 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Advent Readings/Songs 2:30 Relaxation	10 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Reindeer Visits 2:00 Christmas Music 3:00 Relaxation	11 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Sensory Stimulation 2:30 Afternoon Games 3:30 Relaxation	Guadalupe Day (Mexico) 12 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Pet Visits with Meagans 1:00 Afternoon Visits 1:30 Afternoon Games 2:00 Christmas Carol Sing Along 3:30 Relaxation	13 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Sensory Stimulation 2:30 Afternoon Games 3:30 Relaxation	14 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 2:00 Birthday Party with Music by Mike & Marie Miller 3:00 Relaxation	15 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Afternoon Games 2:30 Relaxation ****No Activity Staff This Day****
Saturday Night Fever 1977 16 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Advent Readings/Songs 2:30 Relaxation **No Activity Staff in Morning**	17 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Afternoon Games 2:30 Relaxation	To Tell the Truth 1956 18 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Sensory Stimulation 2:30 Afternoon Games 3:30 Relaxation	Titanic 1997 19 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Pet Visits with Meagans 1:00 Afternoon Visits 1:30 Afternoon Games 2:00 Christmas Carol Sing Along 3:30 Relaxation	It's a Wonderful Life 1946 20 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Sensory Stimulation 2:30 Afternoon Games 3:30 Relaxation	Winter Begins 5:23 p.m. 21 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 2:00 Music by Angelo 3:30 Relaxation	Full Moon 22 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Afternoon Games 2:30 Relaxation
23 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Advent Readings/Songs 2:30 Relaxation	Christmas Eve 24 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Afternoon Games 2:30 Relaxation	Merry Christmas! 25 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Sensory Stimulation 2:30 Afternoon Games 3:30 Relaxation	Kwanzaa Begins 26 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Afternoon Games 2:30 Relaxation	27 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Afternoon Games 2:30 Relaxation	28 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:15 Music by Elizabeth Tomcho 2:30 Relaxation	29 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Afternoon Games 2:30 Relaxation
30 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 1:30 Spiritual Readings/Songs 2:30 Relaxation	31 9:00 Rise and Shine 9:30 Morning Readings 10:00 Active Games 10:30 Morning Music 1:00 Afternoon Visits 2:00 New Year's Eve Party with Music by Linda Lee & Denny Casey			December Fun Facts *Birthstone- Turquoise *Flower- Narcissus *Colors- Indigo and Green 	December Happenings *Bingo's Birthday Month *National Eggnog Month *National Fruitcake Month *Spiritual Literacy Month *World Drumming Month *Yuletide Month	Note: Many of our activities occur in a 1 on 1 setting; this calendar is subject to change based on this and the needs, preferences and participation of our residents. Evening activities will occur 2-3 evenings weekly. 