Follow PA's Adjutant General On Twitter:
Hey DMVA Digest subscribers! The Adjutant General of Pennsylvania, Maj. Gen. Mark J. Schindler, is now on Twitter! You can follow him at Twitter.com/TAGofPA. While you’re there, follow us and the PA National Guard: PADMVA Twitter, PANationalGuard Twitter

DD 214/215 Program:
The DD 214 program is administered by the Pennsylvania Department of Military and Veterans Affairs. The DD 214 form provides a concise record of a period of service with the Armed Forces at the time of the member's separation, discharge or change in military status. In addition, the form is an authoritative source of information for both governmental agencies and the Armed Forces for purposes of employment, benefit and reenlistment data. For more information about how to receive a copy of your certificate of release or discharge, please visit Website.

Veterans Temporary Assistance Program May Be Able To Help With Severe Weather Damages:
The Pennsylvania Department of Military and Veterans Affairs (DMVA) and the Veterans' Temporary Assistance (VTA) program stand by to assist with damages incurred during the severe storms across Pennsylvania recently. VTA is a great resource for eligible veterans with a lack of financial means to make necessary repairs or address other unexpected expenses resulting from the summer storms. Please contact your County Office of Veterans Affairs to assist with the application process. Website.

Focus On The Force Week 2021 Celebrates ANG's Outstanding Airmen Of The Year:
The Air National Guard's Outstanding Airmen of the Year honorees were recognized during Focus on the Force Week Aug. 16-20, 2021, in the National Capital Region. "Focus on the Force Week is a time for us as an organization to celebrate our four Outstanding Airmen of the Year, their families, and the team of people that have supported them along the way," said Command Chief Master Sgt. Maurice L. Williams, ANG command chief. Website.
**Indiantown Gap National Cemetery Will Have An Unaccompanied Veteran Burial:**
The Unaccompanied Veteran Service is for eligible veterans with no known next-of-kin or those with next-of-kin who are unable to attend, to ensure standard interment procedures with military honors. Veterans are now interred with honor and dignity, regardless of where they may have found themselves in life. The absence of next-of-kin may occur for a variety of reasons. When arriving, stop at the office to be directed to the site of the funeral. Service for USAF Cold War Veteran, A1C John Joseph Pittius is open to the public and will be held August 26, 2021, Indiantown Gap National Cemetery, at 9 a.m., Indiantown Gap Rd., Annville, PA (Lebanon County).

**Trout Unlimited To Host Fishing Day For Military Veterans:**
Veterans, including those who are disabled, will have the opportunity to fish for trout, bass and panfish at a Derry Township sportsman’s club. The Forbes Trail Chapter of Trout Unlimited will have mentors and volunteers to help the veterans, plus fishing gear and bait for those who will need it. [Website](#).

**Photo ID Program For Westmoreland Veterans Unveiled:**
A new photo identification card program for veterans was unveiled this month, part of a renewed effort to entice former military members to officially register their discharge documents with Westmoreland County. [Website](#).

**Chair Of The Lower Bucks Vietnam Veterans Memorial To Be Feted By The Phillies:**
The chairman of the grass-roots organization that is bringing a Vietnam veterans memorial to Lower Bucks County next month will be among those honored as "Hometown Heroes" by the Philadelphia Phillies. [Website](#).

**Business To Hold Afghanistan Town Hall For Veteran Employees:**
A Pennsylvania Business that is 100 percent veteran operated is stepping up to help its employees process what’s happening in Afghanistan. Greencastle Consulting, will host a private town hall with a mental health counselor on Friday. [Website](#).

**Central PA Organizations Preparing For Afghan Refugee Arrivals:**
In the past two weeks, the United States has been evacuating thousands of Afghan allies who worked for the U.S. military to the United States. After the Taliban took over the Afghan government this month, more refugees are expected here. In central Pennsylvania, some organizations are mobilizing to help. [Website](#).

**The State Museum Of Pennsylvania Commemorates The 20th Anniversary Of 9/11 With New Exhibition, "Witness To History: Col. Paul Evanko's 9/11 Field Notes":**
On the morning of Sept. 11, 2001, Col. Paul J. Evanko, then head of the Pennsylvania State Police now retired, raced to a state emergency command center as soon as he heard the first plane had hit the World Trade Center in Manhattan. Website.

**Across the Nation**

**Meet The 21 Military Veterans Representing Team USA At The Paralympic Games:**
There are 18 veterans and three active duty service members among the 240 athletes representing Team USA at the Games. This includes 14 Army veterans, four Navy veterans, two Marine veterans, and one Air Force veteran. VA supports many of them through the Veterans Monthly Assistance Allowance, which provides a monthly stipend for disabled veterans training in Paralympic sports. Website.

**More Than 47,000 Troops, Vets Will See Federal Student Loan Fees Waived:**
More than 47,000 troops and veterans will see some of their federal student loan debt erased thanks to new policies announced by the U.S. Department of Education. Website.

**Guard, Reserves Made Big Contributions To War On Terror:**
Nearly half of the troops deployed to Iraq and Afghanistan throughout the past two decades were citizen-soldiers from the National Guard and Reserves. Being in those components of the military requires the ability to balance duties, personal lives and careers. Website.

**Wyoming Memorial Honors Native American Military Veterans:**
The Path of Honor, a memorial dedicated to Native American veterans, opened recently at the Frank B. Wise Business Center in Fort Washakie, WY, where stones along a winding red path symbolize courage and commitment to living a purposeful life. Website.

**Pentagon Offers Mental Health Resources To Afghanistan Veterans Grappling With Taliban Takeover:**
The Department of Defense released a memo telling veterans that "service is never for naught" and advising them of mental health options as the war in Afghanistan comes to a dismal end. Website.

**Employment Opportunities**

*This listing is offered as a resource to both Pennsylvania’s veterans and businesses that seek to employ veterans. The DMVA has not investigated the positions being offered or the businesses listed, and does not warrant or guarantee either the availability or the terms and conditions of the positions listed. Please contact the employers represented in this listing directly. To have an employment opportunity listed please email: RA-VA-Newsletter@pa.gov*

**DMVA Is Hiring:**
The Pennsylvania Department of Military and Veterans Affairs (DMVA) is hiring custodial workers, food service workers, and security officers. Did you serve in one of the branches of the Armed Services? Are you looking for a way to continue to serve others who have served? We have the job for you! The DMVA operates six extended care facilities for veterans. These facilities offer eligible veterans and their spouses the highest quality of dedicated nursing care. You can be part of this amazing mission. Apply today!

**Berks County Career Fair:**
- Sept. 16, 2021, 10 a.m.-3 p.m.
- Agriculture Center Auditorium, 1238 County Welfare Rd., Leesport, PA (Berks County)
- The Berks County Public Libraries’ Mobile Job Lab will be on-site to allow potential employees to apply online! Applicants interested in utilizing the mobile job lab should bring or have digital access to their resume.
  - [Website](#)

**Environmental Workforce Training Program:**
The Environmental Workforce Training Program is a free training program that assists unemployed and underemployed adults in northeastern PA acquire new skills in surveying and that may lead to entry-level jobs in surveying, construction, and environmental cleanup fields. Virtual information sessions are set up in July and August with partner, PA CareerLink Luzerne County. For more information visit [Website](#).

**Talk:**
- Every Thursday, 12:30 p.m.
- Everyone is welcome to join-in. Yes, it’s free, Kelly Lewis has helped hundreds of people get jobs and internships. Kelly interviews some employers and asks about their job postings. Kelly makes it open mic so job seekers can ask questions, and keeps the conversations running smoothly, so it’s all about jobs.
- For more information and to sign up for the event, email the Pennsylvania National Guard Association at PNGAS@PNGAS.org or contact Kelly Lewis at 570-510-7745

**Custom Food Manufacturer Expands In Lancaster, Brings 100 New Jobs To Region:**
Governor Tom Wolf announced that Stir Foods Lancaster, LLC, a custom manufacturer of soups, sauces, dressings, and fresh salsas for retail, industrial, and foodservice customers, will expand its Lancaster manufacturing location, investing more than $4 million into the expansion, retaining 51 jobs and creating 100 new, full-time jobs over the next three years. [Website](#).

**USPS Is Hiring 100k Nationwide, Veterans And Families Get Preference:**
More than 100,000 positions across the nation are available at the United States Postal Service such as: city and rural postal carriers, city carrier assistants, tractor trailer operators, sales and support, mail processors, and mail handler assistants. These positions are available full time, or just on weekends and holidays. Veterans, disabled veterans,
Reservists, spouses of disabled veterans, widows or widowers of veterans and mothers of veterans all receive special preference for these USPS positions. Website.

**Fluid Conditioning Products, Inc. Is Hiring In Lititz, PA:**
Fluid Conditioning Products, Inc. is hiring in 101 Warwick St. Lititz, PA for a welder, brazer, assembler and a production laborer. Send resume to Susan Niggel at sniggel@fcp-filters.com or call at 717-627-1550. For more information about Fluid Conditioning Products, Inc. visit Website.

**For Thousands Of Disabled Vets, This Job Training Program May Be Better Than The GI Bill:**
Hundreds of thousands of veterans use their GI Bill benefits annually to earn a college degree, but thousands may be better served bypassing the well-known education program in favor of another VA program aimed at employment help for disabled veterans, according to a new report released this week. Website.

**H&R Block Offers Free Classes For Tax Preparers:**
H&R Block offers free classes for veterans and their spouses who want to become tax preparers. Classes are virtual with a live instructor. H&R Block is looking to hire 75 people. For more information about the class contact Nancy Carpenter at 717-314-7049 or email nancy.x.carpenter@tax.hrblock.com. Website.

**Keystone 10 Million Trees Partnership Logistics Manager:**
The Chesapeake Bay Foundation seeks a Keystone 10 Million Trees Partnership Logistics Manager as part of the Making History Campaign Team to be based at CBF’s Duncannon, PA (Perry County) warehouse. This is a full-time term position to last until June 30, 2025. Website.

**Agricultural Career Opportunities:**
The USDA’s Agricultural Marketing Service (AMS) offers rewarding opportunities to talented individuals seeking exciting and challenging careers. AMS employs a diverse group of 4,000 professionals across the country who apply their knowledge and skills to create domestic and international marketing opportunities for U.S. producers of food, fiber and specialty crops, helping ensure the quality and availability of wholesome food and a wide range of goods. Learn more about a career with Team AMS! Website.

**Black Valley Farm Is Hiring Assistant Farm Manager:**
Production of all product will be increasing to supply the retail location of Black Valley Provender at 10 East Main, Everett, PA. Since the herds and flocks currently far outnumber the humans they are in search of the right individual to join the Black Valley team. The Black Valley cottage farm model is one of a kind with four different species intermingled on 10 small acres””annual and perennial gardens interlaced among pastures and paddocks. Production of pastured proteins, eggs, naturally grown fruits, vegetables, herbs, and flowers subsist symbiotically. Labor is done by hand””day in and day out. Contact Alana at
406-599-9797 or email blackvalleyfarm@gmail.com for more information and to apply. Website.

**Bridge My Return Opens To Spouses And Caregivers:**
Bridge My Return (BMR) is now open to military and veteran spouses and caregivers to help them find meaningful employment. Work-from-home jobs are game-changing for military spouses, veteran spouses and caregivers. Origin8, a tech startup, plans to hire up to 600 veterans and spouses via the BMR platform; all from home with flexible hours. Website.

**Fleet Repair Solutions Is Hiring:**
Fleet Repair Solutions is hiring for auto body technician in Allentown (Lehigh County), PA. Mobile trailer technician/mechanic, trailer technician/mechanic, and tractor technician in Grantville (Dauphin County), PA. Do you feel you can add to the team and encourage a positive working environment? Please apply today. Website.

**Meet America's Best Employers For Women 2021:**
When Lindsay Zoeller found out she was pregnant with her first child in February 2020, visions of a maternity leave spent in mommy-and-me yoga classes danced in her head. Nine months later, she and her husband, Alex Leininger, who both work at Booz Allen Hamilton, welcomed a son. Though the Covid-19 pandemic dashed some postpartum plans, it didn't diminish the feeling of support that she got from the McLean, Virginia-based consulting firm. Website.

**PA Options For Wellness, Inc. Hiring:**
PA Options For Wellness, Inc. is hiring for a corporate position, general manager, dispensary position, wellness associate position for its Harrisburg, Foglesville, Lansdale and Lancaster locations. Their mission, through clinical research partnerships, is to be a preferred provider of medical cannabis to qualified and approved patients by providing the highest quality of product, with the greatest service, in a dignified and professional manner. PA Options for Wellness is an equal opportunity employer. For more information visit Website.

**VA Hiring Oncologists And Hematologists For National Teleoncology Program:**
VA is actively hiring oncologists and hematologists for telehealth positions that provide veterans in rural areas with access to care. Website.

**VA Job Fairs Are Helping Veterans Find Employment:**
"VA job fairs are a great way for veterans to get a true snapshot of what federal government and various other types of agencies offer," Abduel Gibbs a program specialist with VA since October 2020 said. "Most importantly, it enables veterans a forum and an opportunity to correspond directly with hiring managers and talent acquisition leaders." website.

**VA OJT On-Farm Apprenticeship, Bedford County, PA:**
Are you a veteran with at least six months of VA educational benefits? This is a paid position. To learn more about the Troops to Tractors apprenticeship email pavetsfarm@gmail.com or call 724-691-1087. Website.

ABARTA Coca-Cola Beverages LLC Is Hiring:
ABARTA Coca-Cola Beverages LLC is one of the largest employers of veterans in the United States. ABARTA knows first-hand the benefits that come with hiring veterans as team members. Join ABARTA Coca-Cola Beverages's work force community at Website.

Businesses Encouraged To Use Free PA CareerLink Services To Find Qualified Workers For Job Openings:
Employers looking to hire can take advantage of free virtual and limited in-person services at PA CareerLink, to find potential employees who are perfect matches for job openings, Department of Labor & Industry (L&I) Acting Secretary Jennifer Berrier said. Website.

PepsiCo Is Hiring:
Thousands of veterans have made PepsiCo their professional home, as they are one of the largest employers of veterans in the United States. PepsiCo has seen first-hand how the skills, training, and dedication to teamwork veterans bring to the team drive results. Join PepsiCo’s veteran talent community at Website.

The Commonwealth Of Pennsylvania Is Hiring:
Looking for a job? PA has got them. Browse openings and apply at employment.pa.gov. Website. Don't see your dream job? Sign up for job alerts to know when a position opens: Website.

CAT Veterans Employment Transportation Program:
The veterans employment transportation program provides an 11-Ride Pass for the fixed route systems of Adams, Cumberland, Dauphin, Franklin and York counties to attend job interviews. Once a job has been secured, they will provide a monthly pass for four months. The first month is FREE with pro-rated options to follow. All vehicles are ADA accessible. For more information, call 717-846-5562 ext. 1630 or visit Website.

Waste Management Is Hiring:
Waste Management is in need of a heavy equipment mechanic, junior diesel technician and diesel technician. Waste Management has been recognized as best employer of veterans by Military Times Top 75 and CivilianJobs.com. To see all Waste Management job listings, visit Website.

Career Link-Translate Your Military Skills And Experience:
PA Career Link helps find civilian occupations that best align with your military skills, experience and training. Career Link offers a variety of veteran services for transitioning to civilian professions. Website.

Veteran Events
This listing is offered as a service to individuals and organizations to promote their veteran and military-oriented events being held in Pennsylvania. The information is taken directly from emailed submissions from requestors. DMVA is not responsible for incorrect information submitted. Please send details on events to RA-VA-Newsletter@pa.gov and include the following key pieces of information: 1. Name of event, 2. Date of event, 3. Time of event, 4. Address of event, 5. County of event, 6. Event website, 7. Point of contact name, 8. POC phone number, 9. POC email address, and 10. Additional details/coordinating instructions (fees, pre-registration, etc.)

**Indiantown Gap National Cemetery Will Have An Unaccompanied Veteran Service:**
- Service is open to the public and will be held Aug. 26, 2021, at 9 a.m.
- Indiantown Gap National Cemetery, Indiantown Gap Rd., Annville, PA (Lebanon County)
- When arriving, stop at the office to be directed to the site of the funeral. The Unaccompanied Veteran Service for eligible veterans with no known next-of-kin or those with next-of-kin who are unable to attend, to ensure standard interment procedures with military honors. Veterans are now interred with honor and dignity, regardless of where they may have found themselves in life. The absence of next-of-kin may occur for a variety of reasons. The public is encouraged to attend.

**PA CareerLink Armstrong County Is Hosting The VA Mobile Vet Center:**
- Sept. 1, 2021, 10 a.m.-2 p.m.
- Indian Hills Complex, 11931 State Rt 85, Kittanning, PA (Armstrong County)
- For more information call Michael Kane 724 548 5893 Ext 112 or email kamichael@pa.gov
- The DuBois Vet Center will have the Mobile Vet Center at the Armstrong County PA CareerLink to meet and provide information and resource for veterans and family members. Vet Centers provide free and confidential readjustment counseling services for War-Zone veterans and their families.

**Suicide Prevention Month:**
From Sept. 8-23, 2021, join any of the Lebanon County virtual events throughout September in recognition of Suicide Prevention month. The month will include virtual trainings and a time of reflection to remember the lives of loved ones and friends we have lost to suicide. We hope you will join us. [Website](#).

**5K Run For Life & Resource Event:**
- Sept. 10, 2021, 7 a.m.-2 p.m.
- Memorial Lake, Middle Parking Lot, 18 Boundary Road, Fort Indiantown Gap, PA (Lebanon County)
- For more information email SFC Jose Lopez at jose.n.lopez.mil@mail.mil
- Open remarks start at 9 a.m. and lunch will be provided.

**Pittsburgh Pirates Suicide Prevention Night:**
- Sept. 10, 2021, 6:35 p.m.
- The Pittsburgh Pirates along with Prevent Suicide PA and the American Foundation for Suicide Prevention invite you to join us for Suicide Prevention Awareness Night at PNC Park! Come out and watch the Pirates take on the Washington Nationals while raising awareness for suicide prevention. A portion of the proceeds from each ticket goes towards suicide prevention in PA.
- [Website](#).

**20th Anniversary Of 9/11 At Pennsylvania Military Museum:**
- Sept. 11-12, 2021
- Pennsylvania Military Museum, 51 Boal Ave., Boalsburg, PA (Centre County)
- Join staff and volunteers in commemorating the 20th Anniversary of 9/11. The Museum will host several guest lecturers speaking on the topics of memory and service in the 21st Century. All lectures will take place in the Museum’s Theater and will have time for questions and answers. Lectures are free, and open to the public. No reservation or tickets required, seating is first-come, first-served. Donation appreciated.
- [Website](#).

**Suicide Intervention Training-Montrose Area High School:**
- Sept. 11-12, 2021, 8 a.m.-4 p.m.
- 75 Meteor Way, Montrose, PA (Susquehanna County)
- ASIST is a two-day interactive workshop in suicide first-aid. ASIST teaches participants to recognize when someone may be at risk of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don’t need any formal training to attend the workshop, ASIST can be learned and used by anyone. You must attend both days to receive a certificate.
- [Website](#).

**PA CareerLink Indiana County Is Hosting The VA Mobile Vet Center:**
- Sept. 14, 10 a.m.-2 p.m.
- 300 Indian Springs Rd, Indiana, PA (Indiana County)
- For more information contact Michael Kane at 724 471-7234 or email kamichae@pa.gov
- The DuBois Vet Center will have the Mobile Vet Center at the Indiana County PA CareerLink to meet and provide information and resource for veterans and family members. Vet Centers provide free and confidential readjustment counseling services for War-Zone veterans and their families.

**Webinars For Veterans In Agriculture/PA Preferred Homegrown By Heroes:**
- Sept. 14, 2021, 7 a.m.-8 p.m.
- Email Joshua Scheinberg at jscheinber@pa.gov or Gwyn Rowland at growland@pa.gov
- The Pennsylvania Department of Agriculture (PDA), in partnership with the Penn State Small Business Development Center (SBDC), will be hosting the first of a series of free webinars for PA Preferred Homegrown By Heroes members and other veterans in agriculture.
Federal Certifications For Veteran-Owned Small Businesses Webinar:
- Sept. 15, 2021, 10-11 a.m.
- David Pinkosky at 412-995-8514 or email at wpainfo@sba.gov
- During this session, we will discuss the ins and outs of government-wide Service Disabled Veteran Owned Small Business Concern Program, and the VA's Veterans First Contracting Program. This will help veteran business owners to make an informed decision about which program(s) they want to pursue.
- Website.

Disabled American Veterans (DAV) Information Session:
- Sept. 23, 2021, 9 a.m.-3:30 p.m.
- American Legion Post 338, 2200 Grasslyn Ave., Havertown PA (Delaware County)
- Joseph Pinhak at 484-800-5582 or email at DAVDelco113@gmail.com
- This event is open to all veterans and their family members whether or not they are members of DAV. DAV National Service Officers (NSO) will first provide an overview of applying for compensations for service connected disabilities. This will be followed by veterans present being able to speak with an NSO one-on-one. Light refreshments will be served.

SBA Hour With Veterans:
- Sept. 21, 2021, 11 a.m.-Noon
- Call Jonathan Bennett at 202-746-0356 or email at wpainfo@sba.gov
- Webinar series provides an overview of the programs and services offered by the SBA for active, Reservists and National Guard and veteran of all eras. Participants will learn how the SBA can assist the veteran community in their path towards entrepreneurship.
- Register at Website.

Philadelphia Phillies Suicide Prevention Night:
- Sept. 25, 2021, 4:05 p.m.
- Join us for Suicide Prevention Night at Citizens Bank Park to cheer on the Phillies against the Pittsburgh Pirates. Let’s shatter our top attendance record of over 1,100 attendees specifically signed up for suicide prevention night! $10 from each ticket goes towards suicide prevention in PA.
- Website.

Pottstown Veterans' Community Day:
- Sept. 25, 2021, 11 a.m.-1 p.m.
- Veterans Island, 251 Manatawny St. Pottstown PA (Montgomery County)
- For more information call Michael Murphy at 610-587-6556
- Sponsored by Veterans' Island Project at Memorial Park, 501c 3. Free public event honoring veterans & their service to our country, memorial dedication, bagpipers, taps, honor guard, motorcycle & military vehicle parade.
- Facebook.
Suicide Prevention Day At The Capitol:
- Sept. 29, 2021, 9 a.m.-Noon
- 501 N 3rd St., Harrisburg, PA (Dauphin County)
- Join Prevent Suicide PA to raise awareness for suicide prevention at the Capitol in recognition of Suicide Prevention Month. The event will take place on the front steps of the Capitol and will include speakers and resource tables from state suicide prevention organizations. A press conference begins at 10 am.

Free Fly Fishing Event:
- Oct. 2, 2021
- Kingston Veterans & Sportsmen's Club, 138 Kingston Club Rd, Latrobe, PA (Westmoreland County)
- For more information and to register info@forbestrailtu.org
- No fly fishing experience required--mentors will be available to help and equipment is provided. Sponsored by Trout Unlimited Forbes Trail Chapter, and Kingston Veterans & Sportsmen’s Club. Door prize: flyrod/reel combos.
- Website.

Annual Veterans Multi-Service Center Golf Outing:
- Oct. 18, 2021, 7:30 a.m. Registration and Breakfast & 9 a.m. Shotgun Start
- Philmont Country Club, 301 Tomlinson Rd, Huntingdon Valley, PA (Montgomery County)
- All proceeds from this tournament support the Veterans Multi-Service Center (VMC), a local 501(c)(3) Non-Profit organization dedicated to providing services, programs, opportunity and advancement to the US Military and their families. With supporters like you, all services are offered to veterans free of charge.
- For more information and to register visit Website.

Are You A Military Veteran Interested In Becoming A U.S. Citizen?:
- Oct. 22, 2021, 9 a.m.-5 p.m.
- To make an appointment, call Nicqelle Godfrey at 202-733-3337 or email at vnap@vetsprobono.org
- Meet with an attorney for free and find out if you qualify for the Veterans Naturalization Assistance Program. You will need an honorable or general under honorable conditions and a copy of your DD-214
- Website.

Patriots Cove:
- 2nd Thursday of the month
- 4334 SR 29 S, Noxen, PA (Wyoming County)
- Patriots Cove is nestled in the mountains of Noxen, an 18-acre refuge is wheelchair friendly and includes a facility with a lodge home, activities building and a trout stream. Originally a project to protect the Beaver Run waterway, the Cove has been fully restored as a native brook trout conservation and continues to support the surrounding wildlife and ecosystem. Events and activities are exclusive to injured veterans and first responders and their caregivers. Fishing retreats and caregiver activities are free of charge which include
meals, lodging, and supplies. Apply for an upcoming event by clicking the tabs above for fishing or caregiver events. Patriots Cove can serve up to five veterans and/or first responders and five caregivers per event. Special needs including care and diet must be coordinated prior to the event participants are registered for.
- Website.

**Empowerment Workshops For Women Veterans:**
- First and third Sundays of every month, 1-3 p.m.
- This is a workshop that utilizes free writing, breathing techniques and community agreements. Free writing is allowing the freedom of thoughts and ideas to flow unto the paper without judgment or expectation of what it will become. Previous writing experience not required. This workshop is free and open to all women veterans, all eras, all separation statuses and servicemembers. Be supported by healthy camaraderie, clear communication and community empowerment.
- Register at Website.

**Empowerment Workshops For All Veterans:**
- Second Monday and fourth Sunday of every month
- This is a workshop that utilizes free writing, breathing techniques and community agreements. Free writing is allowing the freedom of thoughts and ideas to flow unto the paper without judgment or expectation of what it will become. Previous writing experience not required. This workshop is free and open to all veterans, all eras, all separation statuses and servicemembers. Be supported by healthy camaraderie, and community empowerment.
- Register at Website.

**VBC Happy Hour Webinar:**
- Every Monday at 7 p.m.
- Contact Ellie DePastino at ellie@veteransbreakfastclub.com
- Veterans share their stories and take questions from a live online audience.
- To access the live-streamed events visit Website.

**Medically Assisted Recovery Support Group:**
- Every Tuesday, 7 p.m.
- JFT Recovery and Veterans Support Services, downstairs meeting room, 300 Market St., Lemoyne, PA (Cumberland County)
- For more information call 717-695-6253 or visit Website.
- This is a 12-step based program of recovery for those utilizing medically assisted treatment; however, anyone is welcome, no matter your program of recovery.

**Virtual VA Benefits Appointments:**
- Available Monday-Friday, 8 a.m.-3 p.m.
- Do you have questions about your VA benefits? Contact Pittsburgh Regional Office via email at PCU.VBAPIT@va.gov or call 412.360.2832 to schedule a virtual appointment.
**Generation 9/11 Webinar:**
- Every fourth Tuesday of the month at 7 p.m.
- Contact Ellie DePastino at ellie@veteransbreakfastclub.com
- Veterans share their stories and take questions from a live online audience. To commemorate the 20th anniversary of 9/11, we talk with veterans who have served since Sept. 11, 2001.
- To access the live-streamed events visit [Website](#).

**Veterans Breakfast Club Webinar:**
- Every Wednesday at 9 a.m.
- Contact Ellie DePastino at ellie@veteransbreakfastclub.com
- Veterans share their stories and take questions from a live online audience.
- To access the live-streamed events visit [Website](#).

**Military Share Mobile Distribution:**
- Third Wednesday of the month, 2-4 p.m.
- Calvary Lutheran Church, 208 Woods Dr., Mechanicsburg, PA (Cumberland County)
- Pre-registration is required. Robert Ardner at 717-682-1012 or bighomeybob1@juno.com, Jeff Douden at 717-364-4475 or jeffrey.douden@gmail.com
- Designed to provide fresh, nutritious foods for families with at least one member who served or is serving in the armed forces. Proof of military service is required, such as military ID or VA Medical Card, DD-214.

**Veterans Resource Rally On Site Services Available Open To Veterans And Their Families:**
- Third Wednesday of the month
- For the love of a veteran, 1082 Carlisle St., Hanover, PA (York County)
- For more information contact Chris Waltz 717-451-2511 or email at chris@fortheloveofaveteran.org
- Representatives on site to assist with veteran benefits, housing resources, employment, VA eligibility, military share food program.

**Military Share Mobile Distribution:**
- 1st Friday of Every Month, 1-3 p.m.
- Middletown VFW Post 1620, 200 Pike St., Middletown, PA (Dauphin County)
- Pre-registration is required. Domon Barr at 717-919-6955 or mastersgtbarr@gmail.com, Mary-Kate Cowher at 717-836-4036 or marykate.cowher.civ@mail.mil
- Designed to provide fresh, nutritious foods for families with at least one member who served or is serving in the armed forces. Proof of military service is required, such as military ID or VA Medical Card, DD-214.

**Walkthrough Of Veterans ASCEND Virtually:**
- Every Friday
- This brief covers how easy it is for servicemembers, veterans, and military family members to set up a profile, shows a glimpse of how the business side works, and gives you
an opportunity to ask questions about the program. Walk through the process of creating a profile, sneak a peak of the business view, and ask your questions.

- [Website](#)

**Mini Stand Down - Berks County:**
- Second Saturday of every month, 10 a.m.-Noon
- Reading Area Community College parking lot at 40 S. Front St., Reading, PA (Berks County)
- Point of contact: call 610-372-8267 or email info@TeamVCOP.org
- Rain or shine, clothing, a hot meal and more free stuff.
- [Website](#)

**Mini Stand Down - Montgomery County:**
- Fourth Saturday every month, 10 a.m.-Noon
- Vets Island at Memorial Park, 251 Manatawny St., Pottstown, PA 19464 (Montgomery County)
- Point of contact: call 610-372-8267 or email info@TeamVCOP.org
- Rain or shine, clothing, a hot meal and more free stuff.
- [Website](#)

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